



Free Postural Screening for those with back and neck pain

Must sign-up to reserve your spot. Space is limited.
RSVP: [freeposturalscreeningdt.eventbrite.com](https://www.eventbrite.com/e/free-postural-screening-dt)



Don't miss this free opportunity to learn how your alignment, flexibility and workstation set-up can be contributing to your aches and pain.

Each attendee will receive a postural screen from a Doctor of Physical Therapy and leave with an individualized program to address their postural needs, including specific stretches and foam roller exercises.

Thursday, October 10th, 2019 @ 7 PM
156 William Street, Suite 800
New York, NY 10038



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